

ACT! to discover competences and integrate the job market

The Chamber of Employees (Chambre des salariés (CSL)) and the National Youth Service (Service national de la jeunesse- SNJ) offer as of October 2015 the opportunity to young to discover their talents and competences through a practical workshop and courses of verbal expression and body language.

The objective of the project entitled "ACT! Young- Upcycle your life" is to develop with young people a concrete and realistic future project and to accompany them in their professional or school insertion.

The workshop can welcome 20 young people, aged 16 to 25, who are neither attending school nor employed. It is integrated in the framework of SNJ initiatives related to the « Youth Guarantee », which has the ambition to give quality solutions to participants. This initiative is co-financed by the European Social Fund. (Fonds social européen).

The methods used during the workshop are based on different trainings followed by artists when they have to put on a role and get on stage in front of an audience. Another facet of the project is the development of a sense of responsibility and citizenship. These innovative and targeted methods allow young people to develop their social competences and their behavioral attitudes so as to make their professional integration easier.

The team involved consists of trainers, pedagogues, theater artists, employers, designers, dancers and singers and representatives of the SNJ. The project is taking place from October 5<sup>th</sup> until December 18<sup>th</sup>.